



**ST TAMMANY PARISH PUBLIC SCHOOLS
LUNCH MENUS FOR MIDDLE/JUNIOR HIGH SCHOOLS
AUGUST 2017**

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|--|
| ONE ENTRÉE PER LINE which will be the manager's choice. | | | | |
| | | | 10 Ham & Cheese PoBoy French Fries Crispy Lettuce Sliced Tomato Applesauce and Pineapple Baked Beans | 11 Cheeseburger Crispy Lettuce French Fries Sliced Tomato Baby Carrots |
| 14 Main Line: Dipping Chicken Nuggets Peaches and Apples Salad Tasty Green Peas Mac-n-Cheese Fresh Baked Roll Or Yogurt and Cheese Stick | 15 Main Line: Beef Tacos w/ Fixings or Or Yogurt & Cheese Stick Chilled Pears and Frozen Sorbet Seasoned Corn Baked Cinnamon Breadstick Take Out Line: Grilled Salad or Kick'n Chicken Sandwich Lettuce and Tomato French Fries/Bun | 16 Main Line: Kick'n Chicken Gumbo OR Yogurt and Cheese Stick/Tropical Fruit & Grapes Fresh Crisp Baby Carrots Southern Potato Salad Fluffy Brown Rice Fresh Baked Breadstick Chewy Oatmeal Cookie Take Out Line: Meatball Sub w/ Marinara French Fries/or Grilled Chicken Salad | 17 Main Line: Finger Lick'n Fried Chicken Or Yogurt with Cheese Stick Applesauce & Honeydew Baby Carrots/Creamy Cole Slaw Louisiana Red Beans & Rice Fresh Baked Biscuit/Cake Take Out Line: Roasted Pork PoBoy w/ Gravy Crispy Baby Carrots French Fries/Bun/Cake Or Grilled Chicken Salad | 18 Main Line: Domino's Pizza Or Yogurt and Cheese Stick Mixed Fruit & Bananas Garden Salad Marinara Sauce Seasoned Corn |
| 21 Main Line: Delicious Chicken Tenders Or Yogurt and Cheese Stick Pineapple and Oranges Garden Green Salad Cheesy Potato Au Gratin Fresh Baked Roll | 22 Main Line: Italian Meat Sauce w/ Pasta or Yogurt and Cheese Stick Fresh Crisp Baby Carrots Seasoned Green Beans French Bread/ Mixed Fruit & Raisins Chocolate Chip Cookie Take Out Line: Kick'n Chicken Sandwich Baked Beans/Bun/Cookie Fresh Crisp Lettuce French Fries Or Grilled Chicken Salad | 23 Main Line: Festive Chicken Fajita or Yogurt and Cheese Stick Zesty Refried Beans Fruit Crisp/Watermelon Crispy Lettuce Salsa or Diced Tomatoes Take Out Line: Hot Dog w/or w/out Chili Bun Crispy Carrot Sticks French Fries OR Grilled Chicken Salad | 24 Main Line: Southern Fried Catfish OR Crispy Fish Strips or Yogurt and Cheese Stick Fresh Baked Potatoes Creamy Cole Slaw/Pears and Bananas Fresh Baked Roll Take Out Line: Homestyle Hamburger /Bun Crispy Lettuce/Baby Carrots French Fries/Bun or Grilled Chicken Salad | 25 Main Line: Hamburger or Cheeseburger or Yogurt and Cheese Stick Applesauce and Kiwi Green Leaf Lettuce French Fries Baby Carrots/Sliced Tomato |
| 28 Main Line: Dipping Chicken Nuggets or Yogurt and Cheese Stick Chilled Pears and Apples Crispy Baby Carrots Green Salad Macaroni & Cheese Texas Toast | 29 Main Line: Beef Tacos w/ Fixings OR Yogurt and Cheese Stick Mixed Fruit and Fruit Cup Refried Beans Take Out Line: Chicken Patty Sandwich Lettuce/Sliced Tomato French Fries/Bun or Grilled Chicken Salad | 30 Main Line: Turkey Roast w/ Gravy or Yogurt and Cheese Stick Applesauce and Strawberries Sweet Potato Casserole Cauliflower Florets Fresh School Made Roll/Cupcake Take Out Line: Fish Patty Sandwich Lettuce/Tartar Sauce French Fries/Bun or Grilled Chicken Salad | 31 Main Line: Homemade Meatloaf OR Yogurt and Cheese Stick Tropical Fruit and Cantalope Broccoli Crown Florets Creamy Mashed Potatoes Fresh Baked Roll Rice Crispie Treat Take Out Line: Smoothie w/ Cheese Stick Garden Green Salad/Broccoli Florets Breadsticks/Rice Crispie Treat Or Grilled Chicken Salad | |
| LUNCH PRICES: Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.25 | AVAILABLE DAILY: Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk Assorted Fruits & Veggies  Optional Daily Entrée: Non-Fat Flavored Yogurt w/Mozzarella String Cheese | | | |

This institution is an equal opportunity provider. Menus are subject to change.