



**ST TAMMANY PARISH PUBLIC SCHOOLS
LUNCH MENUS FOR MIDDLE/JUNIOR HIGH SCHOOLS
OCTOBER 2018**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ONE ENTRÉE PER LINE which will be the manager's choice.				
1 Main Line: Delicious Chicken Tenders Chilled Mixed Fruit and Orange Wheels Fresh Green Salad Mashed Potatoes w/Gravy Baked Beans School Made Roll	2 Main Line: General Tso Chicken OR Mandarin Orange Chicken & Rice Steamed Broccoli Chilled Pineapple & Applesauce Fresh Crisp Carrots Breadstick Chocolate Chip Cookie Take Out Line: BBQ Pork Sandwich Vegetable Blend Juice Crispy Potato Rounds OR Hot French Fries	3 Main Line: Breezy Beef Mac Watermelon and Chilled Peaches Crisp Baby Carrots Seasoned Green Beans Lettuce/Salsa Take Out Line: Homestyle Hamburger OR Cheeseburger Fresh Lettuce Sliced Tomatoes Hot French Fries	4 Main Line: Nachos Supreme Chilled Juice and Bananas Seasoned Corn Fresh Cinnamon Breadstick Brownie Take Out Line: Hot Pepperoni Pizza Garden Salad Brownie	5 PARISH FAIR HOLIDAY
8 Main Line: Dipping Chicken Bites Chilled peaches & Apples Garden Green Salad Tasty Green Peas Mac-n-Cheese Fresh Baked Roll	9 Main Line: Chunky Chili w/Cheese Chilled Pears and Frozen Sorbet/Baked Potato Garden Green Salad Texas Toast Fudgy Brownie Take Out Line: Classic Chicken Sandwich OR Kick'n Chicken Sandwich w/ Lettuce and Tomato Hot French Fries	10 Louisiana Jambalaya Fresh Crisp Baby Carrots Southern Potato Salad Fluffy Brown Rice Fresh Baked Breadstick Chewy Oatmeal Cookie Take Out Line: Meatball Sub w/ Marinara Hot French Fries Chewy Oatmeal Cookie	11 Main Line: Finger Lickin Oven Fried or Fried Chicken Creamy Cole Slaw Southern BK. Apples and Honeydew/Cantalope Fresh Crisp Baby Carrots Louisiana Red Beans & Rice Fresh Baked Biscuit Take Out Line: Hot Dog OR BBQ Chicken Sandwich Sweet Potato Fried	12 PROFESSIONAL DEVELOPMENT DAY (NO STUDENTS)
15 Main Line: Delicious Chicken Tenders Chilled Pineapple & Oranges Garden Green Salad Fresh Baby Carrots Cheesy Potato Au Gratin Fresh Baked Rolls	16 Main Line: Cheesy Chicken Quesadilla Watermelon and Fruit Crisp Zesty Refried Beans Crispy Lettuce Salsa Take Out Line: Hot Dog w/Chili Crispy Carrot Sticks Crispy Potato Rounds National School Lunch Week - Lots 2 Love	17 National Take Your Parent to Lunch Day Main Line: Italian Meat Sauce w/ Pasta Chilled Mixed Fruit and Raisins Seasoned Green Beans French Bread Parmesan Cheese Take Out Line: Kick'n Chicken Sandwich OR Classic Chicken Sandwich Fresh Crisp Lettuce Hot French Fries	18 Main Line: Southern Fried Catfish OR Crispy Fish Strips Pears and Bananas Fresh Baked Potato Creamy Cole Slaw Fresh Baked Roll Take Out Line: Homestyle Hamburger OR Cheeseburger Crisp Lettuce Sliced Tomatoes Hot French Fries	19 Main Line: Stuffed Crust Pizza Pepperoni Or Cheesy Pizza Applesauce & Kiwi Garden Green Salad Seasoned Corn Dipping Marinara Sauce Chocolate Chip Cookie
22 Main Line: Dipping Chicken Bites Chilled Pears & Apples Crispy Baby Carrots Fresh Broccoli Florets Macaroni & Cheese Fresh Baked Roll	23 Main Line: Beef Tacos w/ Fixings Mixed Fruit & Sorbet Cinnamon Breadsticks Refried Beans Take Out Line: Nachos Supreme Crisp Lettuce Salsa OR Diced Tomatoes Refried Beans	24 Main Line: Turkey Roast w/ Rice & Gravy OR Pork Roast w/ Rice & Gravy Sweet Potato Casserole Cauliflower Florets Fresh School Made Roll Take Out Line: Fish Patty Sandwich Crisp Lettuce Hot French Fries	25 Main Line: Homemade Meatloaf Chilled Tropical Fruit & Honeydew/Cantalope Zucchini & Squash Creamy Mashed Potatoes Fresh Baked Roll Cupcake Take Out Line: Chicken Patty Sandwich Crisp Lettuce Sweet Potato Fries	26 Main Line: Homestyle Hamburger OR Cheeseburger Crisp Lettuce Sliced Tomatoes Hot French Fries Rice Crispy Treat
29 Main Line: Delicious Chicken Tenders Mixed Fruit And Chilled Oranges Mashed Potatoes w/gravy Fresh Green Salad School Made Roll	30 Main Line: General Tso Chicken OR Mandarin Orange Chicken Steamed Broccoli Fresh Crisp Carrots Pineapple & Applesauce Breadstick Chocolate Chip Cookie Take Out Line: BBQ Pork Sandwich Vegetable Blend Juice Hot French Fries	31 Main Line: Creamy Chicken Fettuccini Watermelon and Peaches Crisp Baby Carrots Seasoned Green Beans Fresh Baked Garlic Breadstick Take Out Line: Homestyle Hamburger OR Cheeseburger Fresh Lettuce Sliced Tomatoes Hot French Fries	LUNCH PRICES: Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.75	AVAILABLE DAILY: Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk Assorted Fruits & Veggies  Optional Daily Entrée: Non-Fat Flavored Yogurt w/Mozzarella String Cheese

This institution is an equal opportunity provider. Menus are subject to change.