



ST TAMMANY PARISH PUBLIC SCHOOLS
LUNCH MENUS FOR MIDDLE/JUNIOR HIGH SCHOOLS
 September, 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ONE ENTRÉE PER LINE which will be the manager's choice.				
7 Labor Day Holiday	8 Main Line: Chicken Tenders Green Salad/Fruit Mashed Potatoes/ Roll/Cauliflower Take Out: Chicken Patty Lettuce/Fries/Bun Curb Side: Hamburger, beans, apple, carrots	9 Main Line Chicken Fettuccini Broccoli/Carrots Breadstick/Fruit Cookie Take Out: Hamburgers Lettuce/Bun/Fries Curb Side: Sunbutter Sandwich, juice, beans, orange, carrots, celery st.	10 Main Line Beef Tacos Lettuce/Salsa/Black Beans/Breadstick/ Shells/Fruit Take Out: BBQ Chicken Sandwich/Broccoli Fries/Bun Curb side: Pizza Apple, beans, carrots broccoli	11 Main Line Hamburgers or Cheeseburgers Celery Sticks Fruit/Lettuce/ Fries/Bun Curb Side: Chicken Sandwich, Apple, carrots, celery sticks
14 Main Line: Chicken Tenders Steamed Carrots Broccoli/Rice w Gravy/Fruit/Bread Take Out: BBQ Pork Sandwich Carrots/Fries/Bun Curb side: Chicken Strips, fries, bun Apple, carrots	15 Main Line: Chicken Roasted Corn/Zucchini and Squash/Roll Take out: Chicken Quesadilla Lettuce/Salsa/Fries Pizza, beans, apple, Carrots Curb side: Pizza, Beans, apple, carrots	16 Main Line: Meat Sauce and Spaghetti/Green Beans/French Bread Fruit Take Out: Sloppy Joes/bun Celery Sticks/Fries Curb side: Sunbutter Sandwich, juice, beans, orange, Carrots, celery st	17 Main Line: Gumbo Steamed Carrots Potato Salad/Fruit Breadstick/Rice Take Out: Chicken Patty Lettuce/Fries/Bun Curb side: Pizza, Apple, beans, carrots broccoli	18 Main Line Hamburgers or Cheeseburgers Fries/Lettuce/Fruit/ Bun Cake Curb Side: Chicken Sandwich, Apple, Carrots, celery st.
21 Main Line: Chicken Tacos Lettuce/Salsa Cauliflower/Cinn. Breadsticks/Shells Beans Take Out: Hamburgers/Lettuce Fries/Bun Curb side: Chicken Strips, fries, bun Apple, carrots	22 Main Line: Chicken Tenders Broccoli/Mashed Potatoes w/gravy Fruit/Roll Take Out: BBQ Sandwich Fries/Bun/Carrots Curb side: Hamburger, Bun Beans, apple, carrots	23 Main Line Turkey Roast or Ham Sweet Potatoes Fruit/Celery Sticks Rice w/gravy/Roll Take Out: Ham & Cheese Sandwich/Celery St. Lettuce/Fries/bun Curb side: Sunbutter Sandwich, juice, beans, orange, carrots, celery sticks	24 Main Line: Chicken Fettuccini Steamed Carrots Zucchini & Squash Fruit/Rolls Rice Krispie Treat Take Out: Chicken Quesadilla Broccoli/Salsa/ French Fries Curb side: Pizza, Apple, beans, carrots broccoli	25 Main Line BBQ Chicken Sandwich Broccoli/Fruit Fries/Bun Curb side: Chicken Sandwich, Apple, Carrots, celery st.

28 Main Line: Chicken Tenders Rice w/gravy Steamed Broccoli Carrots, raw Breadstick/Fruit Take out: BBQ Sandwich Raw Carrots Fries/Bun Curb side: Chicken Strips, fries, bun, Apple, carrots	29 Main Line: Gumbo Potato Salad Zucchini & Squash Rice/Breadstick Fruit Take Out: Sloppy Joes French Fries Bun Curb side: Pizza, Beans, apple, carrots	30 Main Line: Breezy Beefy Mac Green Salad Green Peas/Fruit Texas Toast Brownie Take Out: Grilled Cheese Sandwich/Carrots Fries/Bun Curb side: Sunbutter Sandwich, juice, beans, orange, carrots, celery sticks	AVAILABLE DAILY: Low-Fat White Milk Low-Fat Chocolate Milk Low-Fat Strawberry Milk Assorted Fruits & Vegetables Optional Daily Entrée Non-Fat Yogurt * Cheese Stick	Lunch Prices: Reduced (PK-12) \$.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors: \$4.75
This institution is an equal opportunity provider. Menus are subject to change.				